



## Food, Glorious Food!

What do you have for breakfast? What is your favourite food? Do you know where it comes from? What do we need to eat to be healthy? What did the Hungry Caterpillar eat? This half term we will be learning all about food and keeping healthy. We will be problem solving, working independently and challenging ourselves. We will also be taking part in World Book Day and Sports Relief, hatching duckling eggs and thinking about Easter.

### Literacy

- The Very Hungry Caterpillar
- The Gingerbread Man
- Non-fiction books about food
- 'Read Write Inc' Daily Group Sessions
- Rhyming, blending and reading words
- Writing simple words and sentences

### Communication and Language

- Talking about Easter
- Speaking and listening activities
- Following directions and instructions
- Retelling stories
- Talking in sentences
- Role play – Fruit and Vegetable Shop, Supermarket, Vets

This topic we are....

Developing skills of;

- Problem solving
- Independence
- Exploration
- Challenging Ourselves

### Physical Development

- Think about keeping healthy and staying safe
- Dough Disco
- Squiggle whilst you Wiggle
- Finger Gym activities
- Activate
- Outdoor Play, using bikes and scooters
- Gymnastics with 'First Steps' coaches
- Dance/Apparatus

### Mathematics

- Recognising numbers and counting to 20
- Addition and subtraction
- Begin to order numbers to 20
- 1 more/1 less
- Estimating
- Talk about Money and Time
- 2D and 3D Shapes

### Expressive Arts and Design

- Colour mixing
- Printing with fruit and vegetables
- Exploring different materials and media
- Observational drawings
- Very Hungry Caterpillar Artwork
- Baking Gingerbread Men
- Easter Cards
- Recognising Loud/Quiet and Short /Long Sounds in Music

### Personal, Social and Emotional Development

- Caring for Others
- Good Manners and Respect
- Keeping ourselves and others safe
- Problem solving
- Listening to other people's ideas

### Understanding the World

- Think about where food comes from
- Keeping Healthy
- Hatching Duck Eggs
- Life cycle of frogs – frogspawn and tadpoles
- Spring time and special times, including Easter
- Outdoor Learning
- Building and constructing
- Using computers switch on/log on and select programs



How you can help at home!  
Talk about where food comes from  
Write shopping lists together  
Point out numbers in the environment  
Read with your child  
Encourage independence as much as possible

