

Year 1

Home Learning



Always do your best and be your best!

Week Commencing 6th July 2020

Hello Year 1,

We hope you enjoyed being little pirates last week. It was lovely to see some of your wonderful photographs!

Here are your Home Learning lessons and activity suggestions for the coming week. You may have lots of your own ideas that you would like to try or some work from previous weeks left to finish and that's ok too!

Parents/carers, we would love to hear how your child is getting on. As always, if they have done anything exciting or that they are particularly proud of, please could you email it to school or put it on our school Facebook Page?

This Home Learning pack is designed to provide you with ideas linked to lessons or topics that we would normally be following in school. There is no need to print any of the slides or worksheets out (unless you would like to). The activities can all be read on the screen, completed on paper, are practical or creative based learning.

Some activities your child may find easy, some they may find difficult and need more help with. They do not need to complete all activities, just go with what they can do and move them on to the next stage or challenge if they are ready. Please don't worry either way, just give them lots of praise, encouragement and reassurance that they are doing well!

Sending you all our wishes
Year 1 team.

You are Amazing!

This week, can you draw a picture of yourself. Then around the outside write the traits that make you such an amazing person. You could also write the things that you are good at doing. Think of as many as you can and ask your family for some ideas too! Here are some ideas.

Kind

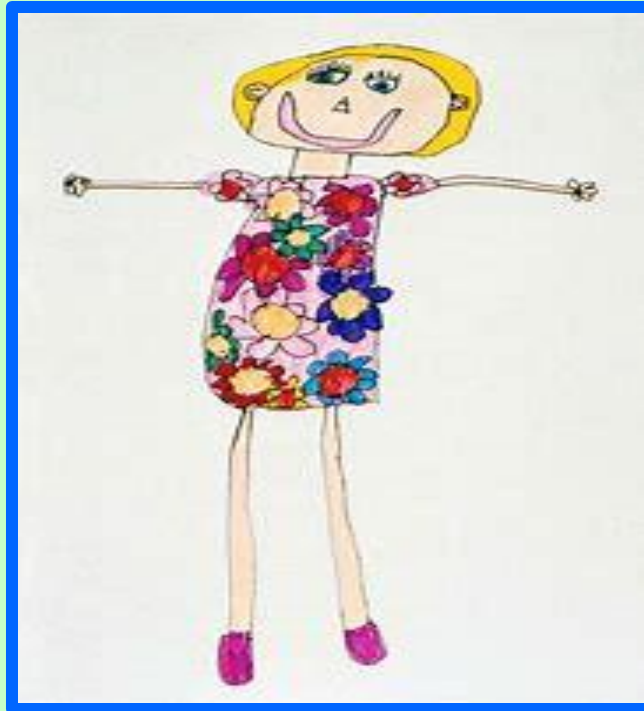
Helpful

Gentle

Funny

Friendly

Good at
reading



OTHER IDEAS FOR THIS WEEK

Parents/Carers - Elsa Support has some lovely free resources to help with children's feelings and emotions, friendships etc.

<https://www.elsa-support.co.uk/>

Music

Singing is a great way to make you feel happy and relaxed!

*This week we've chosen:
1,2 ,3 It's Good to be Me!*

This is one of our favourite songs to sing in assembly at school! So enjoy singing your heart out!

Follow the link below to the 'Sing Up' song on Youtube, it's guaranteed to make you smile!



https://www.youtube.com/watch?v=Snl_XRNpDq0



Mindfulness

Mindful Breathing Dot-To-Dot.

There are many ways you can experiment with focusing on the breath. One fun way is to play the dot-to-dot breathing game. This can help you feel settled and calm. All you need is some dot-to-dot patterns and a pen or pencil. (Activity from twinkl.)

Instructions:

Find a quiet place to sit down.

Hold the pencil in your hand and rest it on the first dot of the diagram.

Just breathe in and out for a few moments.

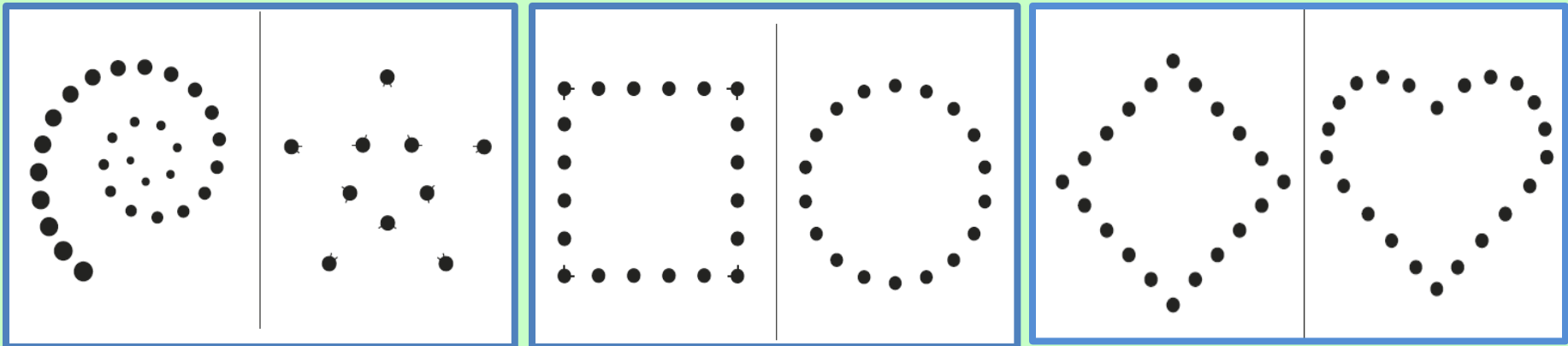
Then make a start by drawing the first line. Do this very slowly. Make sure it takes a whole breath to get from one dot to the next.

Breathe in, draw a line from one dot to the next.

Breathe out, draw a line from one dot to the next.

Keep doing this very slowly until the dot-to-dot picture is completed.

You can then finish or perhaps do another dot-to-dot, just breathing and drawing.



Yoga

Join in with the incredibly relaxing 'Go Noodle' relaxing yoga session. It so calming so go ahead and repeat this session as often as you like!



MELTING
MELTING
MELTING



shutterstock.com • 736945081

<https://www.youtube.com/watch?v=fTzXFPh6CPI>



Burlington News



Writing

Our school is such an amazing place (in fact it might just be the best school in the world, don't you think?) We are all very proud of the way our Burlington Family has adapted to the changes and the tricky times over the past few weeks and months. Children we want you to know how amazing we think you all are! We think it would be fantastic to tell others all about our school, it might be nice to share with our new Reception children starting school soon.

Can you create a list of all the things you like about our school and all the activities you have enjoyed since Reception, the next page has some ideas for you. Then use your ideas to write about our school and tell the world what a fantastic place Burlington Infant School is!

OUR AMAZING SCHOOL

Forest school

Tasty dinners

School Circle

Exciting lessons

Puppet Workshop

World Book Day

Stay and Read

Playtimes

Fun trips



Reverend Matthew assemblies

Christmas Play

Christmas Party

John Naylor visit

Jigsaw room

Friendships

Everyone is kind

Cricket lessons

Grandparents Day

Singing

READING

Reading is so much fun

Read as often as you can.

Continue to use your amazing reading skills to read independently, for 5/10 minutes **every day**.

You could read the books in your house or visit;

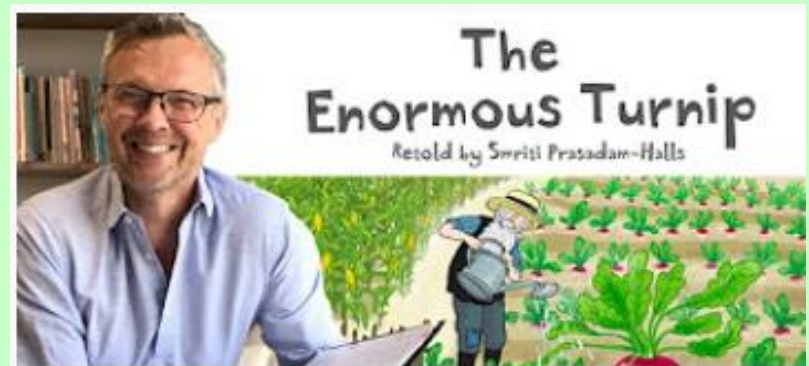
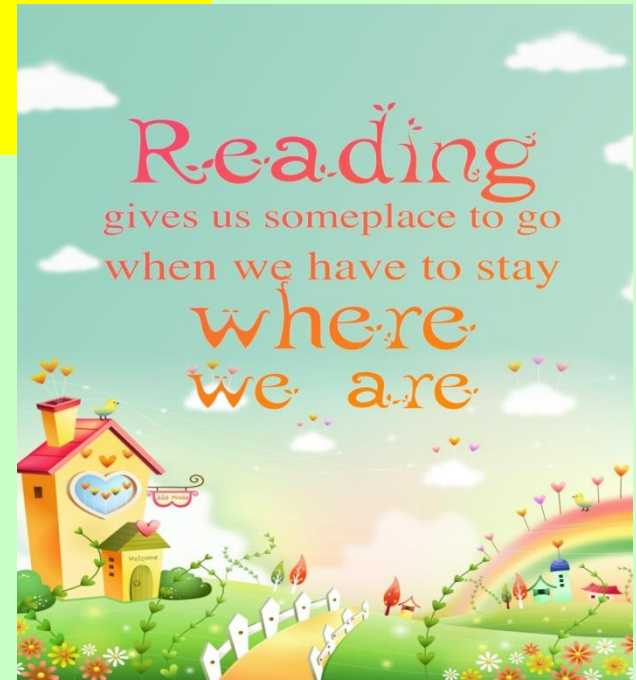
<https://home.oxfordowl.co.uk/books/free-ebooks/>

Ask a grown up or sibling to read you a story or listen to a story at;

<https://stories.audible.com/start-listen>

Or enjoy 'Story time with Nick'

<https://www.youtube.com/playlist?list=PL5MBnhhsZtF0n6vlrEOfp2n9GnfCk1nYQ>



Red Word Challenge

How many 'red words' can you read independently now. Remember you need to read these on sight and can't sound them out!

Challenge 1	Challenge 2	Challenge 3
your	like	was
said	I've	she
you	want	old
he	her	saw
me	some	watch
be	so	school
we	what	small
all	they	their
call	do	there
tall		who

EXTRA CHALLENGE! Can you spell the words in each challenge?

SUPER CHALLENGE! Can you write each word in a sentence?

Daily Calendar

In school we do our class calendar. We would like you to continue with this at home too. You could do this by simply answering the questions in the box opposite and changing the words in italics or you could make your own calendar at home. You could also say what the weather is like each day too. Remember to speak in full sentences.

Today is *Wednesday*

The date is *10th*

The month is *June*

The year is *2020*

Tomorrow will be *Thursday*

Yesterday was *Tuesday*

YEAR 1 MATHS

Place Value to 100

The following slides and activities are created using a combination of the schemes we use in school and the tasks are linked to their planning. These are 'Primary Stars Education' and 'White Rose Maths Hub'. You can also sign up to 'Primary Stars Education' to access a printable Year 1 pack if you would like any extra challenges to complete and you can also visit White Rose Maths online.

Lesson 1

Activity 1

First count out loud from 0 to 100.

Next ask someone to tell you different numbers to find on the grid.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

Activity 2 - Can you remember our work on tens and ones?

In **25** there are **2 tens** and **5 ones**

In **47** there are **4 tens** and **7 ones**

How many tens in **30**?

How many tens in **50**?

How many tens in **40**?

How many tens in **70**?

How many ones in **18**?

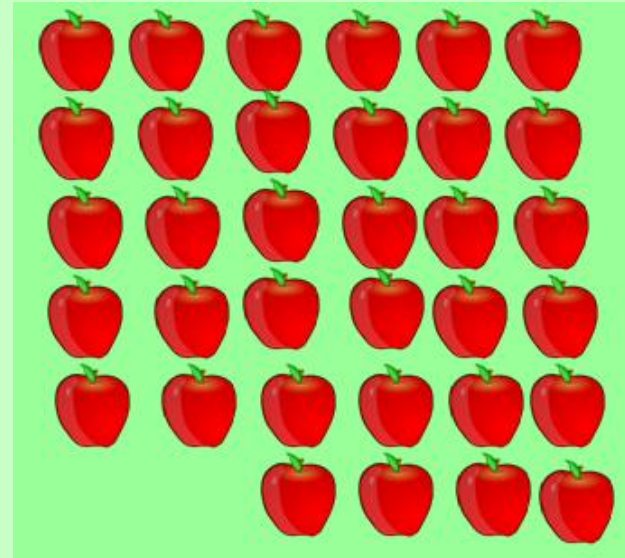
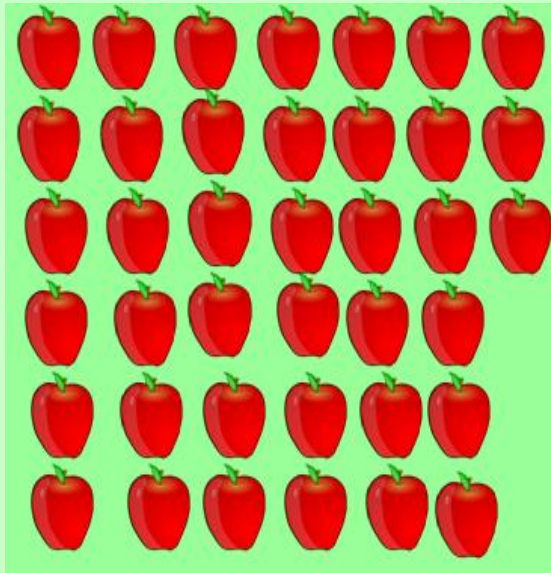
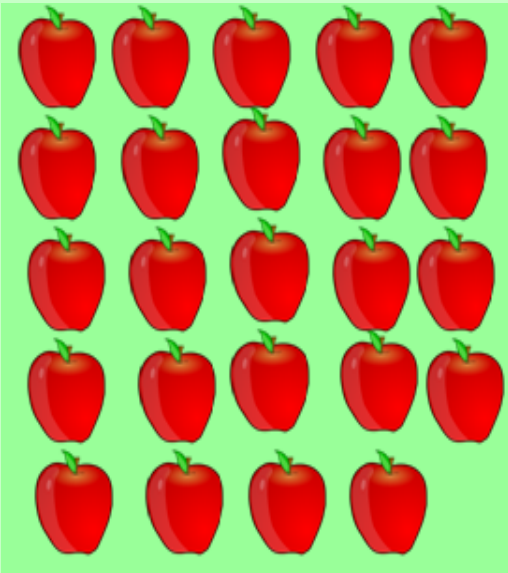
How many ones in **28**?

How many ones in **56**?

Lesson 1 continued

Activity 3

Count the objects in each picture and match it to the correct answer.



39

34

24

Lesson 2

Activity 1

Practise reading each number in words. Ask an adult to write them on paper, cut them out and then match each number to the word. This could be practised throughout the week.

one	1
two	2
three	3
four	4
five	5
six	6
seven	7
eight	8
nine	9
ten	10

eleven	11
twelve	12
thirteen	13
fourteen	14
fifteen	15
sixteen	16
seventeen	17
eighteen	18
nineteen	19
twenty	20

Lesson 2

Activity 2

Count out loud from 0-100.

Activity 3

Look at the number tracks below. What do you notice? Can you say which numbers are missing?



	34	35			38		40
--	----	----	--	--	----	--	----

89		91			94		96
----	--	----	--	--	----	--	----

93	94				98	99	
----	----	--	--	--	----	----	--

73	74			77	78	79	
----	----	--	--	----	----	----	--

Lesson 2 continued

Activity 4

Can you say all of the numbers between:

29

35

52

58

CHALLENGE



Use your amazing problem solving and reasoning skills to answer this question.

James says 'If I count backwards from 78 I will say the number 87.'

Is he correct?

Why do you think this?

Lesson 3

Activity 1

First count out loud from 0 to 100.

Next ask someone to tell you different numbers to find on the grid.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

Activity 2 -Think about our work on Tens and Ones again.

In **43** there are **4 tens** and **3 ones**

In **89** there are **8 tens** and **9 ones**

How many tens in **45**?

How many tens in **59**?

How many tens in **46**?

How many tens in **78**?

How many ones in **67**?

How many ones in **93**?

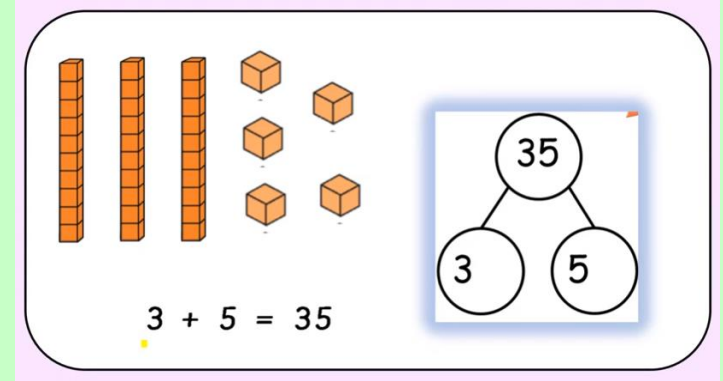
How many ones in **35**?

Lesson 3 continued

Activity 3

Watch and join in with tens and ones lesson.

<https://www.youtube.com/watch?v=3XqFx3V3uCQ>



Activity 4

Look at the digit cards below. How many numbers can you make between 56 and 80 using the digit cards. You can use each digit more than once.



Lesson 4

Activity 1

Look carefully at the explanation below.

45 has **4** tens and **5** ones

If we partition 45 we would have

$$40 + 5 = 45$$

If we partition 59 we would have

59  **50 + 9 = 59**

Lesson 4 continued

Activity 2

Can you partition these numbers by writing them as an addition separating the tens and the ones?

34

62

75

98

Activity 3

CHALLENGE



James say if he partitions 59 it will look like this:

$$90 + 5 = 59$$

Is he correct?
Explain your
answer.

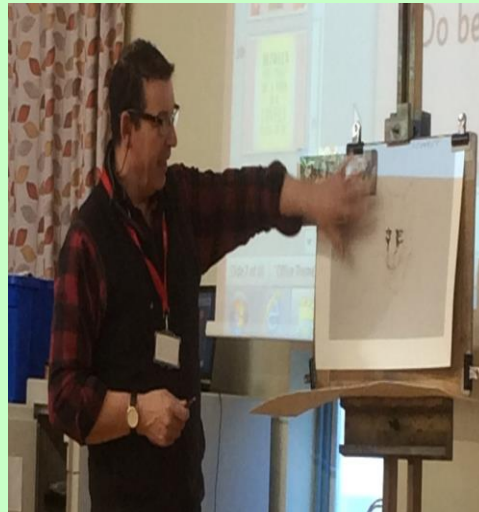
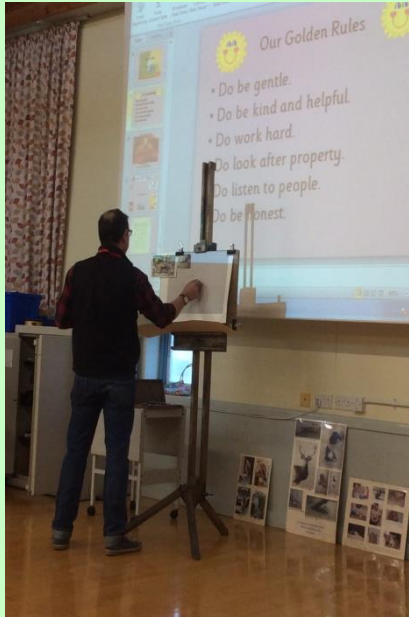
AMAZING ARTISTS!

John Naylor

Can you remember when the amazing artist 'John Naylor' visited us at school?

John showed you how to sketch animals. He taught you to look carefully at what you were drawing, use your observational skills and to draw what you can see.

These are some of his pieces of completed art work.



While he was in school, he started to draw this lovely fox. Well it's rather exciting because he has now finished this piece and he has sent us a photograph for you to see! You can see it on the next slide!

WOW!



I imagine you are inspired all over again!
You could draw some more animals at home this week!

AMAZING ARTISTS!

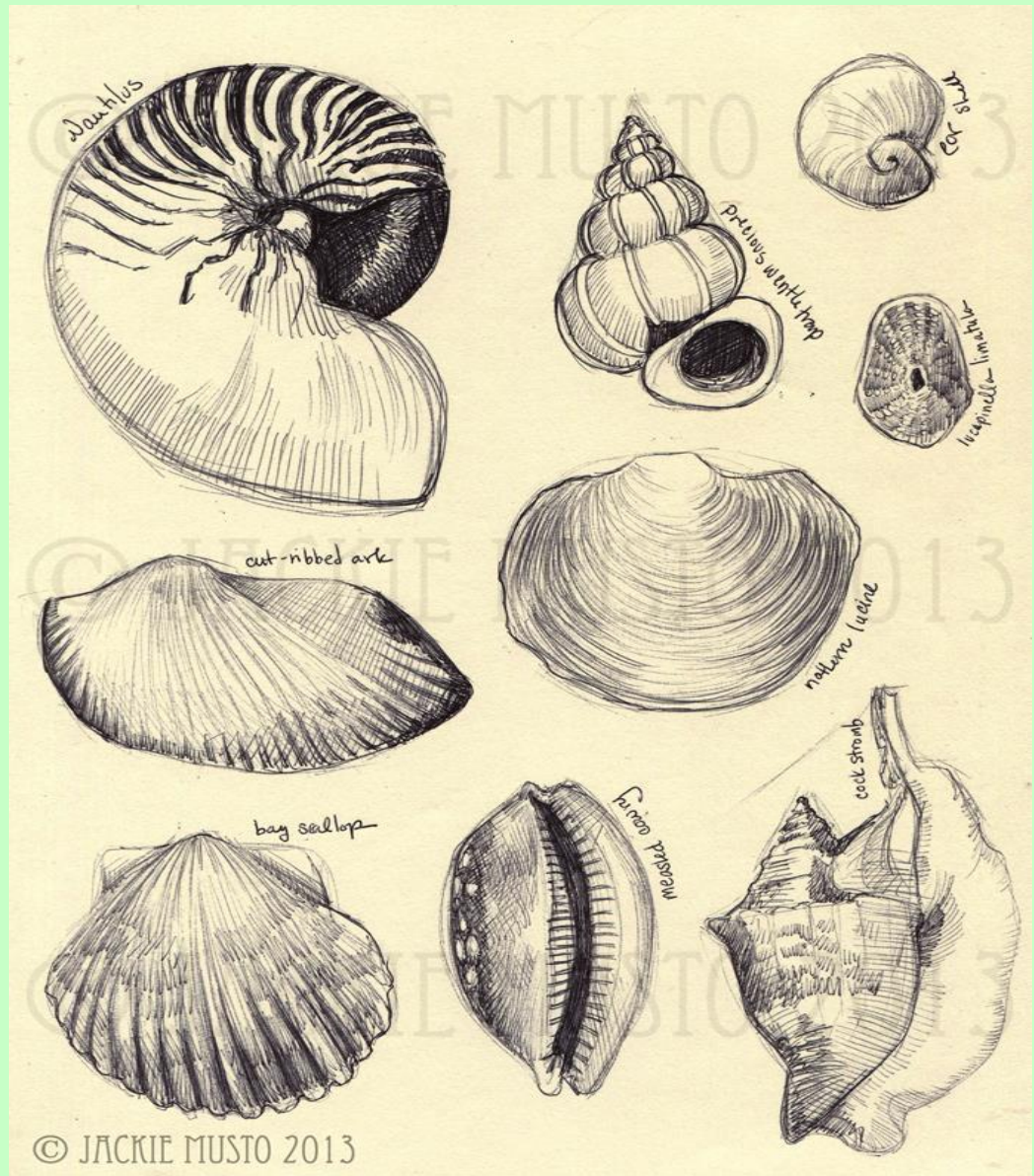
Now it's your turn to be amazing artists!

In art this week we are thinking about using and developing your observational drawing skills. Have a look at these drawings of shells. Can you see how carefully the artist has drawn them. They have added detail by looking closely and drawing what they could see, just like John Naylor taught you to do!

Watch these youtube tutorials about how to sketch a shell.

<https://www.youtube.com/watch?v=pnz-fG3ARG8>

<https://www.youtube.com/watch?v=eawDBKbBuPs>



Now it's your turn! Challenge yourself to sketch a shell. Look really closely at what you can see before you start to draw. Look at the shape, the patterns and any other areas of interest that you need to include in your drawing. If you can't go to the beach to look at shells, don't worry there are some photographs below and on the next slide for you to use.





If you would like to be extra creative this week, 'Let's Create' is an initiative from the 'Arts Council, England' This leaflet has some lovely ideas for engaging children in art and other creative activities with the use of basic art equipment. Have fun trying some of these ideas.

LET'S CREATE

Make a card for a **special person**.



Create a **portrait** using objects found in the kitchen.



Draw your favourite **toy**.



Write a short story or poem with the theme "**What I like**"



Draw a **character** from your favourite book or movie.



Draw your favourite **person**.



Draw your favourite things that make you **happy!**



Create a **poster** of your favourite book or movie.



Draw your favourite **food**.



If you were an **alien**, what would you look like?



Design your name using **different fonts** for each letter.



Draw your **pet** or an animal that you love.



How many **insects** can you draw on one page?



If you could be a **superhero**, what would you look like?



Create a **supersonic spaceship**.



How many **objects** can you find in your house beginning with the letter C?



How many different **animals** can you draw on a page?



Design a **mask** for a superhero of your choice.



This resource has been made for you by Art Teacher, and winner of the 2018 Global Teacher Prize, Andria Zafirakou in collaboration with Arts Council England.

Geography

Do you recognise this object?

Talk to a grown up about it.

What do you think it is?

Where have you seen one like it before?

What can it be used for?

What can you see on it?

This is called a Globe. We have a Globe in our classroom. It is a model which represents Planet Earth. The globe shows the different continents and countries.

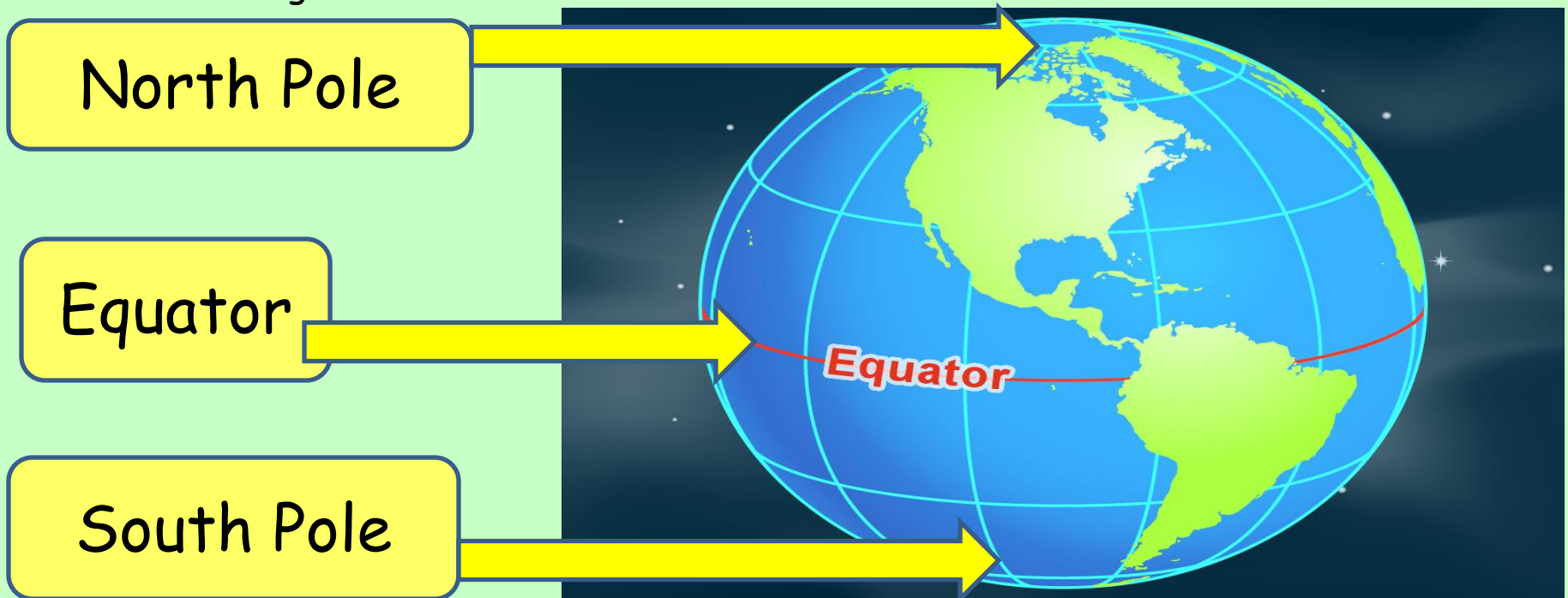


If you would like to learn more, then the first two videos on this BBC Bitesize lesson will give you information about the globe, planet earth, maps and atlases.

<https://www.bbc.co.uk/bitesize/articles/z4dxt39>

Equator

The Equator is an imaginary line which is halfway between the North Pole and the South Pole. The further away from the Equator a country is, then the colder its climate will be. The North and South Poles are at the very top and the very bottom of Planet Earth. Today you will learn more about these cold climates. Think about how the weather compares with the weather in Bridlington.



Watch this video to learn more about the North and South Poles

<https://www.youtube.com/watch?v=Z5VRoGTF60s>

PE

Staying active is important for both mental and physical health. Try to aim for 60 minutes of physical exercise each day. This doesn't need to be all in one go but you could go for a walk, play on your scooter/bike, do some jogging and try the activities below. Join Jamie at Cosmic Kids Yoga and go on an adventure, this time with 'Nibs the Octopus' and try some 10 minute indoor activities from 'Change 4 Life' with NHS UK

<https://www.youtube.com/watch?v=hUBRoLRioiY>



<https://www.nhs.uk/change4life/activities/indoor-activities>

The screenshot shows the Change 4 Life website interface. At the top, there are navigation tabs for 'Food facts', 'Recipes', 'Activities', 'Your child's weight', and 'Join Change4Life'. Below the navigation, there are three featured activity cards, each with a '10 minute shake up' badge and 'from change4 life with Disney' text.

- Pumbaa's Hippo Hops:** Features a hippo from Disney's 'The Lion King'. The description says: 'Imagine a tasty-looking insect has caught Pumbaa's eye... but it's on the other side of a mudhole full of sleeping hippos! Can you show him how to get through without waking them?' It has 1 Player and 1,310 likes.
- Helping Heihei:** Features Heihei the rooster from Disney's 'Moana'. The description says: 'After stowing away on Moana's boat, Heihei unintentionally keeps walking overboard. Can you help guide him to safety?' It has 2 Players and 449 likes.
- Find Forky:** Features Forky from Disney Pixar's 'Toy Story 4'. The description says: 'Forky, the newest member of the Toy Story gang, does not believe he is a toy. Even though he is Bonnie's favourite, he keeps running away. Who can find Forky the fastest?' It has 2+ Players and 2,436 likes.

PE

If you would like to be extra active this week you could try this **JOE WICKS 5 minute workout** from [twinkl.co.uk](https://www.twinkl.co.uk).

Joe Wicks: 5-Minute Move Workout 4 Squat Knee-Up

1. Start with your feet a bit wider than your shoulders
2. Bend your knees as if sitting in a chair.
3. Stand up straight.
4. Lift one knee high.
5. Bring your elbow to your knee.
6. Repeat, this time using the other knee.



Joe Wicks: 5-Minute Move Workout 4 Knee Lifts

1. Hold your arms out to the side at about chest height.
2. Keep your arms straight.
3. Lift your knee high up to your elbow.
4. Keep your back straight.
5. Return your foot to the floor.
6. Repeat with the other knee.



PE

What happens to your heart beat when you exercise?

Which exercise did you find the most difficult?

Which exercise did you find the easiest?

Joe Wicks: 5-Minute Move Workout 4

Mountain Climbers

1. Get on your hands and feet.
2. Keep your back and legs in a straight line.
3. Bend one knee and bring it to your chest.
4. Return your foot to the floor.
5. Move nice and slowly.
6. Repeat with your other knee.



Joe Wicks: 5-Minute Move Workout 4

Lunge Punch

1. Start with your feet close together.
2. Step one foot backwards and bend your knees.
3. Punch out with one hand.
4. Stretch your arm out forwards.



**STAY
ACTIVE!**

R.E.

This half term we are thinking about Worship and Festivals.

Last week we were looking at how Muslims pray (Salat). This week we will be thinking about Christian prayer.

Activity 1. Think and talk about - When have you seen or taken part in prayers at school? What did you or other children do when they were praying? Have you been to a church and seen people saying prayers? What did they do? Do you know any prayers? Who do people pray to?

2. Here are some pictures of different things that Christians sometimes use to help them pray. Do you know what they are? Have you seen them anywhere?

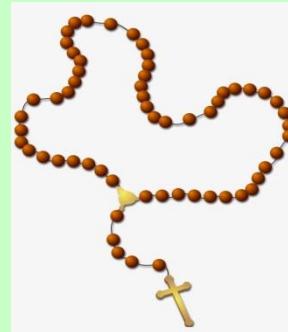
1



2



3



4



On the next slide are the names of each of the objects and an activity for you to do.

Pictures - 1. Cross 2. Candle 3. Rosary beads 4. Praying hands

3. Activity - The word pray means 'to ask'

Think and talk about...

Why do people pray - what might they ask for?

When and why do we ask for help / forgiveness (saying sorry)?

Think about what you might say in a prayer.



One way to write a prayer is to use a teaspoon to help you. The short way of writing teaspoon is tsp.

Use the letters tsp - t = thank you, s = sorry, p = please

Can you make your own prayer about something that matters to you using these sentence starters?

Thank you.....

Sorry

Please

How might you begin your prayer and end it?

STAY SAFE

BE KIND

HAVE FUN

We miss you all very much,
From the Year 1 team.

