



## **PE Intent, Implementation and Impact**

### **Intent:**

At Burlington Infant School we strive to create a culture which aims to inspire active children who are aware of healthy lifestyles, enjoy physical activity, encourage each other and achieve. We believe that high quality Physical Education enables every child to develop knowledge, skills and vocabulary through a broad range of sporting activities, as well as developing values and transferable life skills such as fairness and respect.

We fully adhere to the aims of the Early Years Foundation Stage Framework and Primary National Curriculum for physical education to ensure that all children:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- know how to co-operate and collaborate with each other as part of a team
- lead healthy, active lives

### **Implementation:**

#### **Teaching of PE in the Foundation Stage:**

Children within EYFS undertake a range of daily physical exercise within their classrooms, continuous provision areas and structured weekly PE sessions.

#### **Teaching of PE in Key Stage 1:**

The PE curriculum is taught through the Rising Stars Champions scheme, which meets the National Curriculum requirements. This is used to aid teaching staff in their subject knowledge. Teachers are able to adapt and improve lessons to tailor them to the needs of their children but the scheme provides a strong basis of what is expected. In addition, First Steps Sports Group, a leading physical activity & training provider, deliver lessons and CPD to our children and staff, improving and developing the teaching of PE further. Where applicable, PE is also integrated within other curriculum areas/topics.



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Each class has access to 2 hours of high quality PE lessons every week. These are taught by the class teacher or specialist First Steps coaches.

Children are given the opportunity to practise skills in a variety of ways and each lesson builds upon the previous skills, allowing them time to embed it. Different skills are recapped throughout and across the years, each time they are being built upon; allowing children to know more and remember more.

We facilitate a range of after school/lunchtime clubs which enhances the P.E curriculum and provide different sports 'taster' sessions for children who might not have experienced some sports at such a young age.

#### **Impact:**

At Burlington Infant School, you will see tailored learning opportunities and experiences for children to become physically confident in a way which supports their needs, health and fitness. The opportunities provided to compete in sport and other activities builds character and help to embed values such as fairness and respect as well as reinforcing the 5 Rs and our school motto of 'Always do your best and be your best'.

At Burlington Infants you will see:

- motivated children who enjoy participating in a variety of sports which are engaging and fun.
- children utilizing skills and knowledge acquired in PE lessons.
- children with an awareness of, and developing responsibility for their own health and fitness.
- children developing a love of sport leading to a happy and healthy life.